

# Miss Texas' Outstanding TEEN

## **Lifestyle & Wellness**

Each candidate briefly appears on-stage (up to 30 seconds) to model their fitness outfit. There may perform a short fitness routine in workout attire.

### Judging Criteria

- Overall first impression,
- Statement of strong, physical fitness and health,
- Stage presence and display of energy,
- Charisma and expression,
- Sense of confidence and composure.